



ORCHAR

NURSING HOME



Newsletter for April, 2026

Welcome to the April edition of our newsletter!

We love keeping residents and families up to date with everything happening in the home — and what a wonderful month it has been!

April has been full of sunshine, celebrations, outings, and meaningful moments shared together. From Easter festivities to music, games, and relaxing afternoons in the garden, there has truly been something for everyone.

Monthly Highlights

One of the biggest highlights this month was our **Easter celebrations**.

Residents enjoyed a creative Easter egg decorating session, showing off fantastic creativity and talent. The Easter Sunday gathering was filled with laughter, games, and joy, with family and friends joining us to celebrate. From “guess the number of chocolate eggs” to Easter Bingo, it was a truly joyful day — and everyone went home with smiles (and chocolate gifts too!).



We also had a lovely **traditional Chinese music experience**, where residents were introduced to instruments such as the guzheng and erhu. Listening to beautiful songs like Jasmine Flower and Kangding Love Song, and even singing Auld Lang Syne in both English and Chinese, made it a very special and memorable cultural moment.



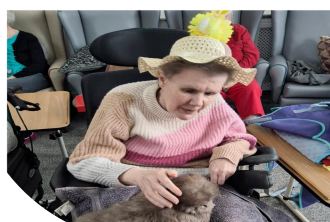
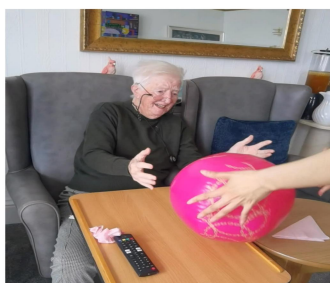
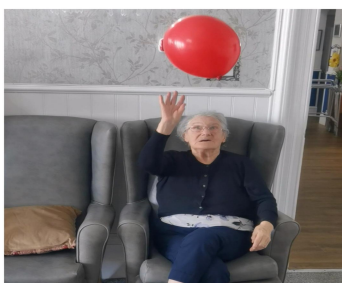
Another highlight was our **trip to Dobbies Garden Centre Dundee**, where residents enjoyed a relaxing stroll among the flowers followed by a lovely afternoon tea — a perfect day out enjoyed by all.



Activities & Daily Life

Throughout the month, residents took part in a wide range of engaging and enjoyable activities:

- ◇ Fun and active games including balloon challenges, darts, table football, and tic-tac-toe
- ◇ Arts and crafts sessions, including collage-making and colouring
- ◇ Baking activities such as decorating cupcakes and Easter treats
- ◇ Music therapy sessions filled with singing, instruments, and joy
- ◇ Cinema afternoons watching classics like *Chitty Chitty Bang Bang* and *The Railway Children*
- ◇ Reminiscence sessions with vintage items, sparking wonderful conversations and memories



We also enjoyed many **outdoor moments**, making the most of the beautiful spring weather with walks to the park, visits to the Ferry, and relaxing afternoons in the garden.

Some days were simply about enjoying the little things — puzzles, letters from loved ones, music, and good conversation. These small moments brought just as much happiness as the bigger events.

Special Moments

April was full of heartwarming moments:

We were delighted to celebrate the birthdays of **Rick, Anna, and two lovely Moiras in April**. Each celebration was filled with tea, cake, and time spent together, making both occasions truly special.



A particularly relaxing highlight was our **ladies' pamper afternoon**, with face masks, hand massages, and foot spas — a calm and enjoyable experience for everyone involved.



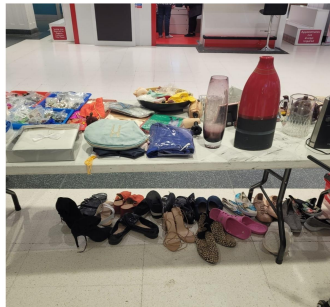
We also had a fantastic outing to **Fairmuir Social Club**, where residents danced, sang, and enjoyed snacks and drinks together — a truly lively and uplifting afternoon.



Community & Support

A big thank you to everyone who supported our **Pop-up Shop** at Wellgate Shopping Centre and 339 Brook Street Broughty Ferry, running from 18th April to 2nd May. Every purchase helps fund activities for our residents, and we truly appreciate the kindness and support from our community.

We would also like to give a special thank you to **Beryl** for her hard work in organising and running the shop — it has been a great success!



Looking Ahead – May

As we move into May, we are looking forward to more outdoor activities, trips, and seasonal celebrations as the weather continues to improve.

We can't wait to share more special moments with our residents, families, and friends in the coming weeks!

Thank you for being part of our Orchar community.