



### **Orchar Nursing Home Newsletter for December, 2025**

Happy New Year everyone! All the best for 2026.

We know how important it is to keep families up to date so we're pleased to share our latest edition of the newsletter.

Firstly, thank you to all families and friends who gave Christmas cards and presents – it was very much appreciated.

December was a busy month! As well as our regular activities – music therapy, pet therapy, fitness sessions, church services, pamper sessions etc, we've had two Christmas parties in the home – with surprise visits from Santa at both, a party at the Fairmuir Club and one at Douglas Sports Centre where we met up with residents from all over Dundee. Great fun was had by all.

We had a visit from the children from Eastern Nursery School – it was lovely to see how excited they were. We had joyful carol concerts with The Cecilian Choir and The Impromptu Singers, and a lovely afternoon of classical music with Ron Oliver.

We've had arts and craft days – as well as our usual Heart for Art class, volunteers from the church came along to show us how to make Christingles. As always, the chat and home baking was every bit as good as the art itself!

We've watched lots of Christmas movies while enjoying snacks and our favourite tipple from the drinks trolley.

On Hogmanay Josh came along to play the bagpipes for us – It was most enjoyable, but also quite emotional, and of course we had the drinks trolley out again and had a singalong.

We're now looking forward to the new year, when one of the January highlights will be a party to celebrate our beloved Betty's 100<sup>th</sup> birthday.

The weeks are certainly flying in - If you have any suggestions of what you would like to see or hear about in future issues, please do let us know. In the meantime here's a flavour of what we've been up to.





