



Orchar Nursing Home

Luxury Residential Care Home for the Elderly

Welcome

to Orchar Nursing Home

Thank you for your enquiry regarding Orchar. Our goal is to provide each of our residents with the very best facilities and care in beautiful and luxurious surroundings. We aim to promote individuality and independence, and encourage our residents to exercise choice in all aspects of their care.

We hope you find this brochure useful, whilst you make this important decision for yourself or your relative. We invite you to visit Orchar to meet our dedicated and highly trained staff, view our wonderful home and feel the warm and caring atmosphere. You may visit at any time, but if you call beforehand, we can arrange an appointment with either myself or another senior member of the care team.

If you have any queries, or would like any further information, please do not hesitate to contact me.

Thank you for your interest and I look forward to meeting you,

Yours Sincerely,

Roxana Popescu
Manager



Your Home

Orchar Nursing Home is a luxury, grand and majestic care home, tastefully decorated and registered to provide long and short term accommodation and care for up to 40 residents. We aim to provide first rate facilities and care in beautiful and comfortable surroundings.









Bedrooms

You are welcome to choose your bedroom from those available and you are invited to add your own personal effects, including pictures and furniture to make the room feel familiar and reassuring.

All of our en-suites are wet floor shower rooms. Our two double rooms can accommodate couples wishing to share a room, and telephones or televisions can be arranged at your request.

All our bedrooms are single occupancy and boast the following features:

-  Bright, spacious and attractively furnished
-  Outside Views
-  En-Suite wet rooms
-  Rooms are cleaned daily
-  Locked cabinets
-  High-tech nurse call system



Friendly staff and residents. A lovely location, convenient for shops etc.

Resident | September 2023

Lounges & Dining Room

The superb location of Orchar on the beautiful, scenic waterfront of Broughty Ferry, Dundee, offers our residents magnificent views of Broughty Castle and the River Tay.

The large windows in our plush, restful and stylishly arranged lounges, allow unrestricted views to the picturesque scenery beyond. The display of lovely pictures, ornaments and flower arrangements add to the inviting and homely feel. A large flat screen television, DVD player, high quality sound system and library of books will provide you with recreation and entertainment. Our quiet sitting area is perfect if you enjoy tranquil surroundings.

Our well appointed dining room is smartly arranged in restaurant style, so you can choose to dine with family or friends, or alone if you prefer. Here, too, you can enjoy the breathtaking view outside.



Communal Areas

All the communal areas of Orchard are bright and spacious, spotlessly clean and attractively decorated.

A maintenance person is employed to keep the home in perfect order. The home is suitably designed for easy wheelchair use. All doors are extra wide, two lifts provide access to the bedrooms on the upper floors and our off-street parking has level access to the home.

The two assisted bathrooms, all the en suite shower rooms and some of the corridors are fitted with handrails.



My friend has settled really well in Orchard Nursing Home and looks very settled and happy. Staff are welcoming and friendly and the home is always immaculately clean. My friend really enjoys the activities, especially the weekly music therapy sessions.

Friend of Resident | December 2023

Garden

At the front of the home is a South facing paved garden with unrestricted views of the river just across the road. Trees, shrubs, and gorgeous flowers are regularly tended by our skilled gardener. In all seasons, the grounds are kept neat and pretty and provide scenic and peaceful surroundings. The generous seating is particularly well-used and appreciated in warm weather by residents and visitors.





Your Care

Orchar is owned by Carewise Homes Group and is run by Home Manager, Mrs Roxana Popescu. Roxana is a 1st level registered nurse with many years' experience in nursing and health and social care. She has been part of the Orchar team for over 9 years and holds a registered Manager Awards SVQ4.



Meet our Team

Our outstanding care team are also dedicated and highly qualified; most have completed NVQ levels 2 or 3. We insist on a high standard of care, so our employees are carefully selected, full induction training is provided and continuing professional development is undertaken by each member of staff.

Attentive and compassionate carers are available twenty four hours a day. The high staff -resident ratio enables us to provide companionship and stimulation, as well as tending to your physical needs.

In addition to the Care staff, Orchar employs an expert cook, domestic staff, catering and kitchen assistants and a maintenance person.

Health & Wellbeing








The prime objective of our home is to promote and foster health and wellbeing. On your admission an assessment of need is performed by a senior member of the care team, from which a Care Plan is created. You, your relatives and doctors will be offered and encouraged to participate in the drafting of your Care Plan.

A review is conducted monthly, unless changes in your condition necessitate more frequent reviews. The GP can and will be called on when necessary.

In case of illness, your relatives will be informed immediately and will be updated regularly on your recovery. If family members wish to be present whilst you are ill, we can arrange suitable accommodation for them. If you will be using the home for convalescent purposes, you will be attended by a rehabilitation team to prepare you a discharge home.



You are also invited to benefit from:

-  Manicures
-  Dentist
-  Chiropodist
-  Music Therapy
-  Hairdressing
-  Physiotherapy
-  Optician



Dad had been in Orchar Nursing Home for just over two years and, in that time, was looked after very well. He enjoyed being there and took part in many of the activities. The team at Orchar were not only extremely professional but also cared about the residents.

Son of Resident | September 2023

Recreational Activities

At Orchar, we have a team of activity coordinators who offer a varied and stimulating programme of entertaining activities seven days a week. Our programme includes reminiscence, massage, arts and crafts, bingo, relaxation, ball games, dominoes, card games and table top gardening. Besides the afternoon group activities plan, the activities coordinator offers a one-to-one session twice a week if you are interested.



We will encourage you to pursue your own interests and hobbies and staff are delighted to assist whenever necessary. A DVD player, 2 large flat- screen televisions, high quality sound system and daily newspapers are available to provide you with stimulation and diversion. Family members and the community are always welcome to volunteer with activities and events.



Enjoy very much the activities, mainly music and the visits from the music therapist are very looked forward to. Outings, eg: tea dances are enjoyed. Chatting to friends in the lounge. Laundry provisions really excellent.

Resident | September 2023

Events & Trips

Special events at Orchar are special indeed when celebrated together. Birthdays, Christmas, Halloween, Easter, and Bonfire night are all marked with joyful festivities, whilst garden parties, barbeques and theme days are planned regularly to enhance the cheerful atmosphere.

A church service is held once a month and you can be taken to other religious services if you wish. Trips are organised outside the home to museums and tourist spots with arranged transport and if you are able to use it, public transport is easily accessible.

Our residents delight in the surrounding area of Broughty Ferry, with its variety of quaint, picturesque shops and cafes and the stunning views of the Tay Estuary.



Dining & Cuisine

Orchar is well known for its excellent restaurant reputation. Our cook's marvellous culinary skills translate into delectable meals every day of the week. We offer an extensive, nutritious menu providing variety and choices, according to your preferences.

Meals are served in our elegant restaurant style dining room and are always appetising and well presented. You may dine in your own room if you wish and you can expect your meal to be hot, tasty and beautifully served. Assistance is always on hand at mealtimes should you require it.

Visitors who pre-book are welcome to join us for meals and we are happy to incorporate new suggestions into our menu.



Your Family

Orchar is not just a home, but a family too. Everyone is made to feel welcome and cared for, and we value each resident's individuality. There are few rules and timetables because we want our residents to be calm and relaxed.

- There is a modern, automatic fire safety system
- Every room has a locked cabinet & residents can insure their possessions.
- No smoking allowed inside.
- The laundry facility is well equipped and well organised
- Visitors are welcome at all times. Well behaved pets are also allowed.
- Free Wifi is available throughout the home



My father moved to Orchar Nursing Home in April 2022 after his mobility deteriorated to the point he was no longer safe to stay at home. My father was made to feel very welcome by staff and management and soon settled into life with his new 'Orchar family'. My father was treated with kindness, respect and dignity by all members of the staff working to make Orchar Nursing Home feel like home from home. His plan of care was tailored to his needs and he flourished within the home. I was made to feel part of the 'Orchar family' when visiting and felt staff were looking after both myself and my father. My father sadly passed away in early February in Orchar, after a short illness. I would like to take this opportunity to thank all staff for their exceptional delivery of end-of-life care given to my father, his passing was very peaceful.

Daughter of Resident | February 2023

Philosophy of Care

At Orchar, we aim to provide an exceptionally high level of care and to ensure that each resident is treated with utmost respect, their privacy protected and their dignity preserved. Our goal is to support individuality and independence and to encourage you to exercise choice in all aspects of your care.

Statement of Purpose

Orchar produces a Statement of Purpose, which is regularly reviewed and can be read by anyone who's interested. The Care Inspectorate inspects the home regularly to ensure it complies with Care Standards. In its Inspection Report, Care Inspectorate have confirmed that Orchar is fully compliant in all areas. The full report can be found on <https://www.careinspectorate.com/index.php/care-services?detail=CS2009230869>.





Looking forward to meeting you

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